



Trails Log May 15 - August 15, 2009



Sponsor Name	Phone #	Pledge per Mile or Flat Rate	Miles Completed	Total Donation

Return your Trails Log and donations to the McKean-Potter Counties American Red Cross, 302 Congress St., Bradford. Additional Trails Log Sponsor/Donation pages can also be found at: www.tunavalleytrail.com



Trekking the Tuna Trails



**Trails
Log
2009**



May 15 - August 15, 2009

**TO BENEFIT THE
MCKEAN-POTTER COUNTIES AMERICAN RED CROSS**

Be a Tuna Trekker
 The Tuna Valley Trail Association (TVTA) is coordinating a fund raising effort to improve the health of the community as well as to assist our Mckean-Potter Counties American Red Cross. With decreasing donations and increasing demand for services, our American Red Cross needs your support. Help us help the Red Cross, and help yourself!

Sign up sponsors to support your TVTA trail treks. On the last page of this "Trails Log" record names and pledges. Sponsors and pledges can be added any time before the **Saturday, August 15, 2009 finish date**.

More information on each trail and extra pledge sheets are available on the TVTA website: www.tunavalleyletrail.com. Note: For simplicity, trail lengths have been rounded up. The total of all seven trails is 25 miles.

Trails Logs and collected pledges should be dropped off at Red Cross Headquarters or mailed to: **Mckean-Potter Counties American Red Cross, 302 Congress Street, Bradford, PA 16701.** All checks should be made out to **Mckean-Potter Counties Red Cross**

Hike or bike as many trails as you want between **May 15 and August 15, 2009**, but anyone who finishes each of the TVTA developed trails, pledges a minimum of \$25 and completes this Trails Log will earn the title of "Tuna Trekker".

All Trails Logs will be returned to you, and each Tuna Trekker will receive a "Tuna Trekker Stimulus Package" that includes a one year TVTA membership, a Tuna Trekker T-shirt, and other good stuff.

Tuna Trekkers who have completed all of the trails, collect and submit the most donations will be eligible for even nicer stuff.

Any hiker, who does not become a Tuna Trekker, and raises the most money will also be recognized.

Use pictures or the signature of a witness in this Trails Log to show your sponsors that you trekked each trail.

If you have friends who would like their own Trails Log, or if you have questions regarding "Trekking the Tuna Trails", call the Mckean-Potter Counties American Red Cross at 368-6197. - All funds raised stay in the local area.

Indian Pipe Trail 8 Miles

Date _____

REMEMBER!
YOUR TRAILS LOG
AND
COLLECTED DONATIONS
NEED TO BE SUBMITTED
TO THE RED CROSS
BY AUGUST 15, 2009

This is the longest TVTA trail. The route is over oil and gas access roads on Bradford City Water Authority land. (www.bradfordwater.com) Trail markers are white arrows on red diamonds. Most who complete the trail are bikers who start on Interstate Parkway and have a vehicle waiting near Marilla Reservoir. Consider biking with a group and having a picnic waiting for you.

_____ (Trekker)	_____ (Witness)
completed the Indian Pipe Trail on _____	

Comments:

Our Sponsors

Thank you to the Tuna Valley businesses who are sponsors of the Tuna Trekker event.

The community support and stimulus helps the Tuna Valley.

The Tuna Valley Trail Association and the McKean-Potter American Red Cross appreciate our sponsors.

Thank our sponsors by shopping locally!

Tuna Trekker Incentive Sponsors
Allegheny Recreational Rentals
Beefeaters
Bisett Building Center
Bradford Main Street Moviehouse
Cavallaro Custom Framing
The Fran Charles Shop
Dr. Steven B. Cohen
Grandma's House
The Grocery Stretcher
Heritage Suites
Just Riding Along
The Mountain Laurel Inn
The Option House
Save A Lot

The McKean-Potter Counties American Red Cross is an essential part of our community. Through blood drives, disaster relief, CPR & First Aid trainings, Meals on Wheels, and many other community programs, the local American Red Cross makes a difference in our lives. Donations of time, money, and blood allow the Red Cross to continue to meet the needs of those in McKean and Potter counties. Your support and participation can help "Change a Life" ... starting with your own. To learn more about our local Red Cross, go to: www.mparc.org

Trekker Contact Information

Name: _____ Phone # (optional) _____

Address/City/Zip: _____ E-mail address: _____

_____ Total Collected Pledges: \$ _____

Would you like to be added to the TVTA mailing list? Yes No

Tuna Trekker T-Shirt: Small Medium Large X-Large

Which TVTA trail is your favorite? _____

Suggestions for the TVTA: _____

The Tuna Valley Trail Association is now in its 11th year. The goal of the TVTA is to develop multi-use trails throughout the scenic Tuna Valley, and to provide accessible recreational opportunities to residents and visitors. For more information check the website: www.tunavalleytrail.com

Marilla Bridges Trail 1 Mile

Date _____

Paste a picture here of you next to the trail sign. In the box to your right, paste another picture of you near a landmark about halfway through the trail. Pictures may cover boxes and text.

OR

Have a friend sign and date the box to the right.

Do the same for the other trails.

Comments: _____

This is the easiest TVTA trail. The limestone path circles scenic Marilla Reservoir. Bridges, benches and even a gazebo add to the natural beauty. If this is your first trip to the Marilla Bridges Trail, you will be pleasantly surprised.

(Trekker)	completed the Marilla Bridges Trail on _____	(Witness)
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Marilla Springs Trail 4 Miles

Date _____

For serious distance hikers, the Marilla Springs links the TVTA trail network to the Allegheny National Forest. The upper trailhead is accessed from Forestry Rd. 173, known locally as "The Stickney Rd."

Comments: _____

This is a wonderful woods walk. The path follows Marilla Brook from its beginning as a spring, and winds down to Marilla Reservoir. A bit more challenging than shorter TVTA trails, it is worth the effort.

(Trekker)	completed the Marilla Springs Trail on _____	(Witness)
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White Pines Trail

3 Miles

Date _____

Interested in Geocaching?
Geocaching is the perfect blend of hiking in the outdoors, applying technology, and the thrill of uncovering buried treasure. McKean County has over 500 caches. Each of the TVTA trails has "treasures" waiting for you to discover - more than 20 on Marilla area trails.
Learn more on: www.geocaching.com

This is the most challenging TVTA trail. The path leads to a stand of rare, old growth white pines that recently created much local interest. Whichever direction you choose to hike the loop, you will have a climb. Pace yourself.
For more information view:
www.tunavalleytrail.com

(Trekker)
completed the White Pines
Trail on _____

(Witness)

Comments: _____

Crook Farm Loop

3 Miles

Date _____

Crook Farm
Beginning in 1847, four generations of the Crook family lived on the 80 acre farm that names The Crook Farm Trail. In 1974 the farm was purchased by the Bradford Landmark Society. (www.bradfordlandmark.org) Now, the property and preserved buildings memorialize the legacy of the first settlers in the Tuna Valley - farmers.

This flat, limestone trail along Tuna Creek became a loop last year and doubled in length. Convenient access and location makes the Crook Farm Loop one of the most popular TVTA trails.
PARKING NOTICE
Due to construction on Rt. 219 in the Bolivar Drive area the Bolivar Drive Trailhead will not be available for parking. Parking is available at the Historic Crook Farm and Tuna Cross Road.

(Trekker)
completed the Crook Farm
Trail on _____

(Witness)

Comments: _____

Hidden Valley Loop

4 Miles

Date _____

Another, shorter option for hiking the Hidden Valley Passage is to return to West Washington St. (Rt. 346) about a mile from the trailhead. The path is well marked. For specific details: www.tunavalleytrail.com

Though the path features an 1880's historic railroad grade, this is the newest TVTA trail. The condition of the grade is a tribute to the quality of construction "back-in-the-day". When the trail leaves the grade to the north, follow the trail markers to the Indian Pipe Trail and back to Marilla Reservoir.

(Trekker)
completed the Hidden Valley Loop on _____

(Witness)

Comments: _____

Richard E. McDowell Trail

2 Miles

Date _____

Be a Tuna Trekker!
Hike the TVTA trails between May 15 & August 15, 2009.
All Tuna Trekkers who include pictures are eligible for awards in the Most Creative Photo Contest.

The most trekked TVTA trail, the McDowell Trail has it all - location, easy access, scenery, history, smooth surface...

(Trekker)
completed the Richard E. McDowell Community Trail on _____

(Witness)

Comments: _____