

Meals on Wheels February 2010 cont.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>14 <i>Happy Valentine's Day!</i> Frozen meal from prior week(s)</p> <p><input type="checkbox"/> Meal <input type="checkbox"/> No Meal</p>	<p>15 OFFICE CLOSED to Observe Presidents' Day Frozen meal from prior week(s)</p> <p><input type="checkbox"/> Meal <input type="checkbox"/> No Meal</p>	<p>16 Swedish Meatballs Noodles Peas Pudding</p> <p><input type="checkbox"/> This Meal <input type="checkbox"/> Substitute <input type="checkbox"/> No Meal</p>	<p>17 Cheesy Rice & Broccoli Casserole Breadstick Cherry Cobbler</p> <p><input type="checkbox"/> This Meal <input type="checkbox"/> Substitute <input type="checkbox"/> No Meal</p>	<p>18 Meatloaf Scalloped Potatoes Corn Fruit Cup</p> <p><input type="checkbox"/> This Meal <input type="checkbox"/> Substitute <input type="checkbox"/> No Meal</p>	<p>19 Fish Sandwich Tatertots Mixed Veg. Cheesecake</p> <p><input type="checkbox"/> This Meal <input type="checkbox"/> Substitute <input type="checkbox"/> No Meal</p>	<p>20 Frozen meal from prior week(s)</p> <p><input type="checkbox"/> Meal <input type="checkbox"/> No Meal</p>
<p>21 Frozen meal from prior week(s)</p> <p><input type="checkbox"/> Meal <input type="checkbox"/> No Meal</p>	<p>22 Chicken & Dumplings Mixed Veg. Brownie</p> <p><input type="checkbox"/> This Meal <input type="checkbox"/> Substitute <input type="checkbox"/> No Meal</p>	<p>23 Swiss Steak Wht. Potatoes Carrots Angelfood Cake</p> <p><input type="checkbox"/> This Meal <input type="checkbox"/> Substitute <input type="checkbox"/> No Meal</p>	<p>24 Cabbage Rolls Mash Potato Green Beans Fruit Cup</p> <p><input type="checkbox"/> This Meal <input type="checkbox"/> Substitute <input type="checkbox"/> No Meal</p>	<p>25 Hamloaf Rice Pilaf Broccoli Jello</p> <p><input type="checkbox"/> This Meal <input type="checkbox"/> Substitute <input type="checkbox"/> No Meal</p>	<p>26 Tuna Noodle Casserole Beets Muffin</p> <p><input type="checkbox"/> This Meal <input type="checkbox"/> Substitute <input type="checkbox"/> No Meal</p>	<p>27 Frozen meal from prior week(s)</p> <p><input type="checkbox"/> Meal <input type="checkbox"/> No Meal</p>
<p>28 Frozen meal from prior week(s)</p> <p><input type="checkbox"/> Meal <input type="checkbox"/> No Meal</p>	<p>This form must be returned to ensure continuation of you meals. The completed form may be given to your driver. A copy will be returned to you. <i>Menu subject to change without notice.</i></p>					



Washington



Please sign, date, and return this form to the office at:
302 Congress St., Bradford, PA 16701

by Wednesday, January 27, 2010.



Lincoln

I acknowledge that I have chosen the meal options noted on this form

(Signature)

(Print Name)

(Date)